VISION

Nelson Youth Centres responds to the mental health needs and contributes to the wellness of our community by strengthening families and enabling the emotional and social well-being of children and youth.

MISSION

To provide services throughout Halton in a homelike environment where no child is turned away.

Nelson Youth Centres provides unique holistic client centred clinical treatments and support to children and youth between the ages of 6 and 18, with identified mental health challenges, and their families. Our collaborative, community based, multi-disciplinary approach ensures timely delivery of appropriate interventions that supports and develops social/emotional competencies in the children we serve. Our practices empower families and their children through learning and applying skills and strategies that enhance healthy attachment and developmental relationships. Our work reduces the use of intensive mental health services and supports healthy social participation in the community.

ANYONE CAN MAKE A REFERRAL

Youth, parents, school personnel, individual and family counsellor, social workers, physicians and other community professionals.

To Make a referral or for more information contact Nelson Youth Centres:

905-681-2611
office@nelsonyouthcentres.com
4225 New Street, Burlington, Ontario L7L 1T3
www.nelsonyouthcentres.com
ABOUT US

Nelson Youth Centres is an accredited children's mental health centre that provides individual and group based treatment programs for children and youth and their families in Halton.

The program works with children who are experiencing moderate to severe emotional, social, behavioral or learning issues resulting in difficulties at home, school and/or in the community.

Treatment programs support the emotional health and social well being of children & youth while strengthening the families in our community.

Nelson Youth Centres is funded by the Ministry of Children and Youth Services, The United Way of Halton & Hamilton and Donations form the Halton Community.

ABOUT US

Nelson Youth Centres offers a variety of programs

HALF-DAY INTENSIVE
A therapeutic group based program for children & youth that works closely with schools and families. The program focusses on the development of effective social/ emotional competencies and learning strategies that will enable child/youth to maintain their school placement.

AFTER SCHOOL TREATMENT
A therapeutic group-based program for children & youth focusing on building social competencies, emotional regulation, and developing effective coping strategies.

SATURDAY SOCIAL SKILLS
A structured recreational program for children on the autism spectrum. The program focusses on the development of social skills through cooperative games, arts and crafts, outings and socially based group work.

RECONNECTING YOUTH
A community-based program offering individual and family therapy for children and youth. The therapeutic program focuses on empowering the child/youth and family to become more successful and independent in the community.